



# KY East District Newsletter

February 2020

## GREETINGS FROM YOUR KY EAST DISTRICT PRESIDENT

**Barb Nicholls**

My local UMW unit hosted our 2<sup>nd</sup> Annual Black History Celebration with some of our Black Sisters from our community on February 13. Our “annual” meetings began last year when we met together to discuss Dr. Martin Luther King, Jr.’s legacy. After much sharing and discussion, we agreed that we have made some gains in achieving racial justice in our town/state/country, but we also agreed that there is much, much more work to do. So...we will keep meeting and sharing and loving.

We were reminded of Jesus’ Parable of the Good Samaritan. The lawyer stood up to test Jesus. “Teacher,” he said, “what must I do to inherit eternal life?” Jesus said, “You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind, and your neighbor as yourself.” But the lawyer asked, “Who is my neighbor?” Jesus replied by telling him about the man going from Jerusalem to Jericho who was robbed, beaten, and left for dead. The priest passed him by...the Levite passed him by...but the Samaritan, moved with pity, stopped and bandaged his wounds and took him on his own animal to an inn and paid the innkeeper to take care of him until he was better.

Jesus then asked the lawyer, “Which of these three was a neighbor to the man who fell into the hands of the robber?” He answered, “The man who showed him mercy.” Jesus said to him, “Go and do likewise.”

As United Methodist Women, we come from a long, rich heritage of women who have stood up to injustice. Let’s continue down that same path. It’s

not complicated! Jesus taught us: “Love God, Love neighbor...Go do it!” Amen!

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## KY EAST DISTRICT SPIRITUAL GROWTH MEETING

by **Barb Nicholls,**  
**KY East UMW President**

Our District Spring Spiritual Growth Meeting is set for **April 4, 2020, at Wheelwright UMC.**

**Registration will begin at 9:30 A.M. and the program will begin at 10:00 A.M.** I always look forward to meeting with my District UMW sisters at our gatherings because I come away encouraged and energized to continue to be the hands and feet of Jesus as we work together to fulfill the Purpose of United Methodist Women: *United Methodist Women shall be a community of women whose **PURPOSE** is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.*

Our very inspiring speakers at this meeting will be Deacon Nancy Preston from Greenup UMC and her foster daughter, Maddy Wilburn. Maddy is a senior in high school and is a living example of the transformative power of the Holy Spirit in her life. Nancy, in addition to fulfilling the requirements for being ordained a Deacon at our Kentucky Annual Conference this June, also serves as Morehead State University’s Regional Director in Ashland. You won’t want to miss hearing their stories! They are both amazing women.

We started work last fall on our **District Social Action Issue—Maternal and Child Health.** Here are the ideas we took away from our small group activity last fall at our meeting at Pikeville UMC:

## Substance Abuse – Mothers and Babies:

- Coordinate services community-wide
- Form relationships at church
- Encourage more child participation at church

## Substance Abuse – Youth

- UMW teach a “life skills” class
- UMW mentoring (prayer partner) with each child at church
- UMW start a reading program with kids

## Early Childhood Trauma

- Make a list of resources available to people
- Work with schools to recognize ACE’s (Adverse Childhood Experiences)
- Develop a Grandparent support group
- “Adopt” a grandchild
- Implement a mentoring program with families
- Arrange for parenting classes

## Violence Prevention

- Prayer partner/buddies
- ACE’s (Adverse Childhood Experiences) training
- Resource fair
- Call children by name
- Provide community meals

Has your unit started making plans to implement any of these ideas? If so, you will have a chance to share your progress. If not, you will have the opportunity to absorb ideas from the group to take back to your unit.

As with all our District Meetings, the host church chooses a local mission for us to support with our Mission Offering that day. The offering we will receive will go to the Wheelwright Senior Citizens’ Center. **In addition to the offering, here is a list of supplies that each local unit could bring to donate to the Senior Center: toilet paper, paper towels, cleaning supplies (dishwashing detergent, hand soaps, toilet bowl cleaner), and quart size**

**ziplock bags.** Any of these items will be greatly appreciated!

Our hostesses for this meeting at Wheelwright UMC have informed me that following GPS directions to the church will NOT get you there. Hence...here are their directions—coming from the north via U.S. 23:

- Follow U.S. 23 South (traveling approx. 67 miles from Catlettsburg).
- Turn right onto KY 80 West (go approx. 11 miles).
- Turn left onto KY 680 East (go approx. 5 miles).
- Turn right onto KY 122 East (go approx. 13 miles).
- Turn right onto KY 306 (go 1.6 miles).
- Wheelwright United Methodist Church will be on the right up on the hill. Parking is behind the church. Look for signs.

I look forward to seeing you at Wheelwright UMC on April 4! I know it will be a blessing for all of us!

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### BOOK SWAP

by Erin Rice,

#### KY East UMW Secretary of Program Resources

The Reading Program is an extremely important part of our organization as United Methodist Women. When we read the books on the list, we can learn more about our world and the issues that plague it. We are also able to get a better understanding of where our money goes. During our Spring Meeting this year (April 4<sup>th</sup> at Wheelwright) we will be having a book swap. You can bring any book that is still on the reading list and swap it for a different book. Please check back at the table at the end of the meeting. Any books that are not swapped must go back to those who brought them. This is an opportunity for you to be able to find new books that might help your local unit. Please bring your old books and be ready to swap them for new ones! (This year’s reading list is available at: <https://www.unitedmethodistwomen.org/rp/2020list> I will have a printed copy available to browse at the meeting.)

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## CENSUS 2019 IS DUE MARCH 31, 2020 by Barb Nicholls

It is time for me to ask you to complete the UMW 2019 Census for United Methodist Women (National). Each year we are asked to complete this form, and I'm hoping to have 100% participation from our KY East District. **Each local unit President** is responsible for completing the form. Presidents, please see that this task is done.

You will find this on-line form at [unitedmethodistwomen.org](http://unitedmethodistwomen.org). Go to the website and click on the 2019 Census button. The first thing you do is enter your zip code at the top of the form, then select your church name, etc. and answer the questions it asks. It took me about 10 minutes to complete the form for my unit. **If you do not have access to the internet or need help filling out the form, please give me a call and I will do it for you as you give me the information from your unit.** My phone number is 606-571-1215. This form must be completed by March 31, 2020. Thanks in advance for your participation!

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## UPCOMING OPPORTUNITIES

By Peggy Rice,  
Kentucky Conference UMW Vice-President

*United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.*

As United Methodist Women we are called into community; we are called to know God; we are called to develop a creative and supportive fellowship; and we are called to expand concepts of mission. WE are called into service! What does this look like? Where do I go? How am I supposed to do this?

In order for us to accomplish what we are called to do, we must first prepare ourselves by flooding our

soul with The Lord. There are several ways of doing this; prayer, study, worship. The Kentucky Conference of United Methodist Women is offering a weekend to do just that! **The Spiritual Growth Retreat is scheduled for March 13-14, 2020. This will be at Loucon Training and Retreat Center, EE8044 Annetta Road, Leitchfield, Ky.** The speaker is Sandra Murphee, a former pastor and currently residing in Shelbyville, KY. We will begin with dinner at 5:30 PM. Look for the registration form at the back of this newsletter.

Once we have prepared our hearts, then we must prepare our minds by educating ourselves. The Conference is offering us an opportunity to do so this summer. **Mission u will be at Lindsey Wilson College in Columbia, Kentucky on July 9-12, 2020.**

Our studies will be:

Spiritual Growth: Finding Peace in an Anxious World

Issue Study: Pushout – The Criminalization of Black Girls in Schools

Special Publication: Women United for Change: 150 Years in Mission

With Mission u, you have the ability to pick two of the three studies. If you can't come for all four days then come for two days and do only one study. These studies are meant to educate, motivate and inspire you in your commitment to our mission. Look for the registration form for this in our next newsletter!

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## KY EAST DISTRICT UMW MISSION TEAM by Barb Nicholls

This Mission Team (officers) of our KY East District UMW meet two times per year to plan our District Spring and Fall UMW meetings, pray, fellowship, and discuss items of concern relative to our District UMW units. This is a wonderful group of women whose friendship and spiritual support and encouragement I cherish deeply.

Here are the current members of your Mission Team:

- President: Barb Nicholls (Greenup UMC)
- Vice-Pres.: Shelia Harlan (Louisa 1<sup>st</sup> UMC)
- Secretary: Barbara Greer (Louisa 1<sup>st</sup> UMC)
- Treasurer: Leslie Lindon (West Liberty UMC)
- Communications Coordinator: Shirley Cloyes (Advance UMC)
- Sec. of Program Resources: Erin Rice (Sunshine UMC)
- Spiritual Growth Coordinator: Sue Brunk (West Liberty UMC)
- Social Action Coordinator: Kay Smith (Advance UMC)
- Education and Interpretation Coordinator: Lisa Mantz (Greenup UMC)
- Member Nurture and Outreach: Cindy Stewart (Wheelwright UMC)
- Historian: OPEN
- Parliamentarian: Krista Mosser (Ashland Centenary UMC)
- Standing Rules: Joy Stanley (Morehead UMC)
- Committee on Nominations:
  - Judy Elam, Chair (West Liberty UMC)
  - Joyce Sexton (Morehead UMC)
  - Celia Fish (Pikeville 1<sup>st</sup> UMC)
- Conference Officer: Peggy Rice (Sunshine UMC)

Currently, we have an OPEN position on the team: Historian. The Historian's job is to "document" what we do in our Team meetings and District and Conference meetings by taking photos and putting them in a scrapbook for posterity. If you enjoy "scrapbooking" and "history" and "fellowshipping with fellow Christian sisters," this is a great opportunity for you. Please pray about this opening.

If God is calling you to accept this position, please contact me. It is a "President-appointed" position, so I can easily add you to our Team. Please contact me by email [bnicholls0001@gmail.com](mailto:bnicholls0001@gmail.com) or by phone (606-571-1215) if you are interested or would like more information.



#### 2020 DATES TO REMEMBER

##### **District UMW Dates:**

- April 4 – District Spiritual Growth Meeting at Wheelwright UMC
- July 11 – District Officer Training at Mission u (Lindsey Wilson College)
- August 1 – Mission Team meeting at Morehead UMC
- September 12 – District Celebration of Missions Meeting at Greenup UMC

##### **Conference UMW Dates:**

- July 9-12 – Mission u at Lindsey Wilson College, Columbia, KY
- October 24 – Conference Mission Celebration in Northern KY District (Church TBA)

Spiritual Growth Retreat for the Kentucky Conference of UMW

March 13-14, 2020

Loucon Training and Retreat Center, 8044 Anneta Rd, Leitchfield, KY 42754

Camp Loucon is in the Central Time Zone!!

Speaker: Sandra Murphee, former pastor, residing in Shelbyville

Cost

Friday/Saturday \$60.00 or Saturday only \$30.00

Registration: Due by March 1, 2020. Late registration accepted for a \$5.00 additional fee from March 2-8, 2020

March 13 - Registration from 3pm to 5pm with dinner (provided) at 5:30pm  
March 14 - Morning Devotion followed by breakfast (provided) begins at 7:30am, lunch is provided and the Retreat will conclude at 2pm.

Items to pack - Bible, writing materials, sleeping bag or sheets, blanket and pillow for twin or queen bed, toiletries & towels, warm & comfortable clothes and shoes (this is not a fashion weekend). Plan for snow, rain and/or sun shining weather conditions.

Mail attached form and check payable to **KY Conference UMW**, to Roseanna Borst, Spiritual Growth Coordinator, 12940 Pavilion Ct, Union, KY 41091, Email [roseannaborst@gmail.com](mailto:roseannaborst@gmail.com), Cell phone 859-628-6135  
Directions will be sent via email when registration is received.

\*\*\*\*\*cut and mail\*\*\*\*\*

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

LOCAL UNIT \_\_\_\_\_ DISTRICT \_\_\_\_\_

Emergency contact/phone \_\_\_\_\_

Special needs? Physical? Dietary? \_\_\_\_\_

Circle lodge preference

Turner (2 queen beds) or Munday (1 queen, 1 full, 1 set of bunks/upper/lower)

List roommate preferences 1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_