



Message from the President

Hello! I am Barbara Nicholls, the new KY East District UMW President. My home church is Greenup UMC, and I have been a UMW member since moving to Greenup in 1980. I also serve as our local unit President. For the past two years, I have served as Vice-President of the old Ashland District UMW. Through all these roles, I have had the pleasure of meeting and serving with many, many wonderful, inspiring women as we have worked side-by-side in our efforts to be the hands and feet of Jesus Christ as we do mission work in support of women, youth and children locally, nationally, and internationally. The beginning of United Methodist Women can be traced to an 1869 meeting of eight women in Boston who organized the Methodist Foreign Service Society and sent two women missionaries to India that year. Around that same time frame, home missionary organizations through the Methodist and Evangelical Brethren traditions organized to change situations for women and children within our country. Next year, 2019, will mark the 150th anniversary of the beginning of what we now know as United Methodist Women. Our foremothers blazed the trail of mission work with women, children, and youth. Because the United Methodist Church is a "connectional church," we can participate in mission projects not only in our neighborhoods through our local units, but also our country and around the world through our United Methodist Women organization. Sadly, in recent years, the number of active UMW units has declined, not only in our KY East District, but across our state and nation. My goal, as President of the KY East District UMW, is

to increase the number of active UMW units in our District. Although there are 77 churches in our District only 14 churches currently have an active UMW unit. I realize that many churches have very active "ladies" groups who do exceptional mission work" on a regular basis, but I believe that by joining in our efforts together through United Methodist Women we could draw strength from and offer support to each other in a mighty way! What a fellowship! If your church would like to start a UMW unit or re-start a UMW unit, I would be happy to offer my assistance. Invite me to your church, and I will come! You can contact me at bnicholls0001@gmail.com or call 606-571-1215. I would love to hear from you! I pray God's blessings on you and your work as we strive to be the hands and feet of Jesus Christ in this time and in this place. Through God's help, I trust that the next generation will be able to celebrate many more years of United Methodist Women and the mission work that we have all been a part of. May God bless you and multiply your efforts!

Mission u July 13-14, 2018

(By: Leslie Lindon)

Sue Brunk and Leslie Lindon, from the KY East District United Methodist Women, attended the Red Bird Missionary Conference Mission u on July 13-15, 2017 that was held at the Lindsay Wilson College in Columbia, Kentucky. We stayed in the dorm at the college. Each room has 4 beds which gave us the opportunity to meet United Methodist Women from other districts. The Mission u signup sheet has the items that you must bring, since you are going to stay in a

dorm room. If you have children, it is a good time to bring them with you, so they can join in the great youth program that Mission u provides. In a typical Mission u day, we have assembly (we gather together for evening worship, sing and pray), eat a wonderful breakfast, go to our assigned classes, eat a great lunch, go to our assigned classes, eat an amazing dinner and then go to vespers (we gather together for evening worship, singing and prayers). The dining at Lindsay Wilson College is presented in cafeteria style and is incredible and there is plenty of food for everyone. We share the cafeteria and dining room with various youth sport clinics that the college is conducting.

Sue and I signed up to attend the following classes:

Missionary Conferences of the United Methodist Church in the United States with the instructor Josephine Deere, Director of Programs, Oklahoma Indian Missionary Conference. This class went into the ministry, history and diversity of the Alaska United Methodist, Oklahoma Indian Missionary and the Red Bird Missionary Conferences. Her knowledge and experiences of each of the missionary conferences was amazing. Her classes kept you on the edge of your seat and interested in each facet of the conferences.

Living as a Covenant Community.

Environmental Justice and Call to open action/Dr. Mark Davies. Dr. Davies was also from Oklahoma and presented the class with interesting facts on the status of the United States in solar and battery power and what we need to accomplish this in the future. He gave us a status also on the ozone layer and what other countries are doing with "our" technical waste and how it being

disposed of, recycled and affecting the environment. Dr. Davies gave the class suggestions on how we could improve our own personal environment.

If you haven't attended Red Bird Missionary Conference Mission u make it a point to do so this year. As I told Sue, if those United Methodist Women that have not attended Mission u would just attend once, they would be hooked for life, just as I am. I hope Mission u will be around for many, many years to come.

Pictures from Mission u 2017



Lindsey Wilson

MISSION MOMENT

Cheesy Potato Soup Sensation

According to the remarkable women of First United Methodist Church, Louisa, Kentucky, it all started in the early 1990s with a money-making idea to sell soup, sandwich, and dessert lunches that could be served in the Fellowship Hall or delivered to homes locally. The luncheons became so popular that there were too many home deliveries to make and adjustments had to be made. The idea to sell Cheesy Potato Soup by the quart was born and the ministry has been flourishing ever since.

From selling 100 lunches that first year, to 240 quarts around 1997, to an average of 500+ quarts currently, the FUMC now have their

Cheesy Potato Soup Sale down to a fine art. It starts long before soup time. Women begin combing store advertisements for sales on carrots, onions, celery, bouillon cubes, cheese, and cans of cream of chicken soup. Because the soup is prepared in large kettles that make 8 batches of soup, the vegetables are chopped and frozen according to the 8-batch recipe. Making 500 quarts of soup means that over 100 pounds each of carrots, onions, and celery are prepared, frozen, and ready to use on soup day. It also means that 250 cans of cream of chicken soup, 144 pounds of Velveeta cheese, and over 550 bouillon cubes are available for the big three-day event. Quart Jars have transparent labels (they stick better and last longer than paper ones), with the church address and a note to keep the soup refrigerated. The women keep a list of customers and prior to soup day, individuals are called for pre-orders. A flyer is taken to local businesses, who often give their orders on the spot. The event is advertised in the local newspaper, television, and posted on social media. The women soon have an idea of how many quarts are needed as well as the date and time for pickup or delivery.

Finally, preparation day arrives. Entering the Fellowship Hall, you would see the "Peelers" (women peeling potatoes) a "Carrier" (who takes peeled potatoes to the Dicers), and Dicers (individuals using Kitchen Aid food processors to dice potatoes almost as quickly as they can be peeled). "Helpers" have multiple tasks- measuring potatoes and putting them in water to keep until needed, putting cheese and separating it by batch, putting the soup recipes together and washing dishes. "Stirrers" watch the soup and when it becomes hot, the cheese is added and stirring continues until the cheese is melted. The kettle is then given to the "Fillers" who put the soup in quart jars. Several ladies answer

phones, guide deliveries, collect payments, and multi-task where needed.

The circle of women remains largely the same, but through the years we have lost beloved brothers and sisters in Christ and added new ones to keep the circle going. Instead of hand chopping all our ingredients, we have modern conveniences such as food processors, and our Pastor designed and crafted cheese cutter to simplify our work. Our Cheesy Potato Soup is still a community favorite and sales continue to grow every year. But one thing hasn't changed. In the Fellowship Hall and kitchen of the First United Methodist Church, a group of women and men come together twice a year to work, fellowship, laugh, talk, enjoy each other, and most importantly serve the Lord. We are blessed beyond measure!

Back to Basics – UMW 101

The purpose

One of the reasons I am a United Methodist Woman is because I believe in the Purpose.

The organized unit of United Methodist Women shall be a community of women whose purpose is ...

We have a reason for being. Like you, time is something I have to budget. I try to use it wisely. That means I have to say no to some good things. Something that has a purpose/meaning has a much better chance to make my time budget.

...to know God and to experience freedom as whole persons through Jesus Christ;

I like that knowing God is first and that experiencing freedom as whole persons takes some Spiritual Growth. It is important that we not just do a short devotional to make us feel good, but that we do some studies, prayers,

retreats, and grow in our relationship with God. I like that Spiritual Growth Studies are recommended and taught every year and that opportunities are available not just at my local unit, but also at District and Conference Events.

...to develop a creative, supportive fellowship;

I like the women in my unit. I am making a history with them. I have been in 3 units over my life as a United Methodist Woman; each unit was a wonderful unique fellowship. I have been loved and supported through good and bad times. Pushed to grow and challenge to wait for the Lord. Meaning this supportive group has been in more than 1 place. It has been where I needed it.

...to expand concepts of mission through participation in the global ministries of the church.

I would like to make a mark in this world. Granted most of my finger prints will be left close to home, but United Methodist Women has made me aware of needs across the world. Not to overwhelm me with guilt, but to make me aware how with the organization we are reaching and touching lives in so many places. As a United Methodist Woman my reach and understanding has grown. I have been a part of oh so many missional outreaches.

I encourage you to get back to Basics. Think what the Purpose means to you. Be a Purpose-filled United Methodist Woman.

Respectively Submitted,

Sue Brunk,

KY East District Spiritual Growth Coordinator

The following officers were installed at our 2017 fall meeting:

President: Barbara Nicholls

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Vice President: Sam Harlan

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Secretary: Jane Wallen

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Treasure: Leslie Lindon

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Communication Coordinator: Shirley Cloyes

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Sec. of Program Resources: Erin Rice

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Spiritual Growth Coordinator: Sue Brunk

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Social Action Coordinator: Elizabeth Blanton

Education & Interpretation Coordinator:

Drema Miller

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Membership, Nurture, & Outreach: Cindy

Stewart – joestewart32@yahoo.com

Historian: Kay Smith

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Parliamentarian: Krista Mosser

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Standing Rules: Joy Stanley

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Committee on Nominations: Judy Elam

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Committee on Nominations: Jennifer Kinser

Jjs_kin22@yahoo.com

Conference Officer: Peggy Rice

Beancounter1089@yahoo.com

Conference Officer: Bertha Daniels

berthadaniels@yahoo.com

District Spring Meeting – Mini Mission u

Our spring mission meeting will be held on April 21, 2018 at Advance Memorial United Methodist Church. The church is located at 1007 Bellefonte Road, Flatwoods. Registration will begin at 9:30 a.m., and the meeting will be at 10:00 a.m. There will be a short business meeting, and a worship and praise time followed by our Mini Mission u. Lunch will be served and door prizes awarded. Childcare will be provided.

Our Mini Mission u is entitled **Living as a Covenant Community.** If you wish to get your study book before time, they are available online at www.missionresources.org. The cost is \$10.00. Also kindle books are available. There will be extra books available on site if you wish to wait and get yours then for a small donation. Books are valued at \$10.00.

Dates to Remember

April 21 – District Spring Mini-Mission at Advance Memorial UMC, 1007 Bellefonte Road, Flatwoods, KY. Registration begins at 9:30. Meeting begins at 10:00.

September 15 – District Fall Mission Celebration at Salem UMC, 111 Taylor Hill, Pikeville, KY. Registration begins at 9:30. Meeting begins at 10:00.

October 27, Conference Mission Celebration (KY East District is the host) at Morehead UMC, 227 West Main Street, Morehead KY.

A Reason to Read

The United Methodist Reading Program is an extremely important part of our work as United Methodist Women. The reading program helps us stay informed in our world and what we affect as United Methodist Women. When you donate money do you know where it goes? Reading books in the reading program not only let you know where it goes; but some books have firsthand stories of lives our donations have impacted.

Staying informed is something that is extremely important. When we know what is happening in the world we know what areas we want to impact. It lets us know the areas that need help. When we stay informed we can know what to ask God to help with.

Make sure to look out for the book table at district events. You might just learn something new. If you can't wait that long to get your hands on some new books you can order your books at:

<https://www.unitedmethodistwomen.org/readingprogram/2018>

From the Conference...

Hello? I am your Kentucky Conference Vice President! Several of you know me but for those who don't, I am a member of the Sunshine United Methodist Women's circle in South Shore. I want to share with you what's going on this year at the conference level.

We will not be having a Spiritual Growth Retreat. In lieu of the retreat we are encouraging everyone to seriously consider attending

Assembly. Assembly happens once every four years. In 2018 it is being held in Columbus, OH May 18th – 20th. If you are interested you can find more information at:

www.umwassembly.org.

Mission u will be July 13th-16th at Lindsay Wilson College in Columbia, KY. If you have never attended Mission u, you are missing an important learning opportunity. There are usually three studies; Spiritual Growth, Geographic and an issue. This year we have “Embracing Wholeness”, “Missionary Conferences in the U.S.” and “What about Our Money?”. These studies are designed to help us continue in our growth at Daughters of the King.

Then on October 27th, the entire Kentucky Conference of United Methodist Women will convene in Morehead for our Conference Fall Mission Celebration. We will begin a year-long celebration for our 150th Anniversary which is March 23, 2019. This will be a time for us to come together to celebrate the work we have accomplished and to inspire each other to continue in that work.

As a Conference we have also chosen four “priority issues”; Climate Justice, Maternal and Child Health, Economic Justice and Mass Incarceration and Criminalization. These are issues for us to study individual or as a group. Look for books for the reading Program on these topics.

As United Methodist Women we must continue our education in issues effecting women, children and youth. We also must find a way to inspire others to help in Our Father’s Work! If you have any questions concerning any of the

events listed feel free to call me at 606-922-3751.

Your Sister in Christ
Peggy Rice

150 Years

On March 23, 1869, eight women gathered at Tremont Methodist Episcopal Church in Boston, Massachusetts. These eight women educated themselves on the needs in India and decided to do something about it! They raised money to send a doctor and a teacher to India as missionaries to serve the women of that nation.

Here we are 149 years later, still educating ourselves in the needs of women, children and youth around the world. We started with eight women in Massachusetts today there are 800,000 women around the world! Our work today is as great as ever!

As you go throughout this next year remember our heritage! Remember what we have accomplished! Remember those we have touched! Remember the work is great and the workers are few! We need to get to work!

